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The publishers gratefully acknowledge the support of regular bulk subscribers to Appropriate Technology including, Misereor, CAFOD, ITDG, Peace Corps and VSO.

Front Cover: Ta May, chairperson of Sa Pa Indigenous Medicinal Plants Association (SIMPA) in Vietnam, with pure Chua Du (Elsholtzia penduliflora) essential oil.
Credit: Steve Couri/Sa Pa Essentials (See page 58)